   About a 4 hour walk.
   The path starts from picturesque Chora with direction to the east and a short distance later meets the imposing Monastery of Hozoviotissa, a building of marvellous architecture, which is built on vertical rocks, 300 metres above the sea level, with exquisite view of the endless blue sea. Continuing to the north, the path crosses over the island and meets "Asfonditissa", a traditional live breeder's settlement. It continues along the length of the ridge and then descends to the picturesque village of "Potamos", from which there is a spectacular view of Ormos Egiall. Once you have descended the path you are a short distance from Egiall.

   About 1 hour walk.
   A stone-paved path starts from Chora and descends over "Fonia", the stream which leads to Katapola bay. Nearly at the half of the route the path meets "Milies", an area of natural vegetation with fresh water. It continues to a hill, where there is the chapel of St. Irene and from there it leads to "Xilokerasdi", a district of Katapola.

   About a 3 hour walk.
   The route begins from the village of "Lefkes", and soon reaches "St. Thekla" and it descends to the bay of "Forty Saints" with its homonym picturesque chapel. After a long climb, the path meets the village "Kamari", goes on and reaches the peak of ancient Arkesini, the history of which starts from the protocycladic era to the Medieval. The next village the path crosses is the picturesque village of "Vrontsi" and then "Rachoulas" ending in Arkesini, where the ruins of 4th century Tower of St. Triada still stands, amongst other archaeological ruins.

   About a 2 hour walk.
   A stone-paved path begins from Egiall, reaches the picturesque village of "Lagada" and from there and to the north leads to the settlement of "Stroumbos". A few minutes from there, there is the byzantine church of Panagia Epanohoriani, built on a hill with a view of Ormos Egiall. After a half hour you reach the charming village of "Tholario", near which ancient Egiall (Vigla) once existed and you can still see the remains of the ancient city walls. Then the path descends ending at "Fokiotripa", at the beach of Egiall.

5. "PAN" Lagada-St. Ioannis Theologos-Stavros.
   About a 2 hour walk.
   The route starts from a stone-paved path in Lagada to the byzantine Monastery of St. Ioannis Theologos and goes on to the highest point of the island, called "Krikelos", ending at the chapel of Stavros after a pleasant walk amongst impressive landscape of wild beauty and fantastic view out to sea.

   About a 2 hour walk.
   The path begins from Katapola and follows a route along a steam leading to the church of St. Georgios Valsamitis and ending in Minoa, where archaeological ruins of the ancient city are well preserved. This route is of impressive natural beauty.

7. "EVAGELISTRIA" Xilokerasdi-Nera-Vigla-Peristeria-Evagelistria.
   About 1 hour walk.
   The path starts from Xilokerasdi, crosses over the church of "Treis Ierarhes" and goes on till it reaches the area of "Nera", where there is a natural water spring. Then it goes on from hill to hill, first to the protocycladic area "Vigla" and then to "Peristeria", offering another view of the bay of Katapola and ending at the old, historical church of Evagelistria.